

G4 Schedule 2019-2020

Session	Description	Objectives	Time	Date
1	Developing positive self-identity	Improve and enhance youth self-esteem. To identify self-image To learn what positive qualities others see To make students aware of what positive qualities they possess. To build upon positive qualities possessed.	10:00am-12:00pm	Sep 21, 2019
2	Academic Excellence (S.W.A.G.)	What is the importance of academics? Why is it critical to pursue knowledge? Benefits of Academic excellence. Students With Academic Goals (SWAG)	10:00am-12:00pm	Oct 19, 2019
3	Decision Making & Goal Setting	Learn how to make informed decisions Set goals: Long Term, Short Term Develop: Objectives	10:00am-12:00pm	Nov 16, 2019
4	Oral Communication	Why Oral communication is important. Learn the five keys to successful communication. Understanding the techniques of communicating (6 Steps) How to effectively use words and body language to communicate a message	10:00am-12:00pm	Jan 18, 2020
5	Violence/Conflict Prevention	To define conflict. To identify one's usual techniques for conflict resolution. To identify techniques for effective and ineffective conflict resolution To rationalize why specific solutions are effective.	10:00am-12:00pm	Feb 15, 2020
6	Health, Hygiene, and Dress	Understand why personal hygiene is an important part of good health maintenance Importance of Physical Health Understand what areas are included in health maintenance. Understand impacts of Dress	10:00am-12:00pm	Mar 21, 2020
7	Etiquette & Protocols	Learn proper etiquette and protocols for different events; Dining Etiquette, Conversation skills, Introducing People, Ways to show respect, Behavior in public, Hygiene, and Appearance.	10:00am-12:00pm	Apr 18, 2020
8	Youth Need – Topic to be determined	Develop Workshop based on Youth Assessment of Needs. (Based on Youth Assessment)	10:00am-12:00pm	May 2 ,2020

Event #	Event	Description	Time	Date
E1	Brotherhood Breakfast w/G4 Youths	This is an opportunity for the Brotherhood to bond and connect with young men in the G4 Program.	8:00am-9:30am	Oct 19, 2019
E2	Founder's Day Breakfast	Alpha Phi Alpha Founder's Day: History, Step Show, Guest Speaker	9:00am – 11:30am	Dec 7, 2019
E3	Cultural Activity	National Museum of African American History (Lunch Included) Location: Washington DC POC: Nigel McKenzie	12:00pm-7:00pm	Feb 22, 2020 (Tentative)
E4	Dining Etiquette Luncheon	This event would be in conjunction with another female youth group. This is to prepare young men on proper protocols and dining etiquette. Location: Fredericksburg Restaurant POC: Elijah Brown	3:00pm – 5:00pm	Apr 18, 2020
E5	College Tour	Colleges: Hampton University, Christopher Newport, Old Dominion University, Virginia State, VCU, or William and Mary Location: Hampton Roads, VA POC: George Frazier	7:00am – 7:00pm	May 2, 2019
E6	Bowling	Location: Fredericksburg, VA Bowling Event: AMF Bowling Lanes	TBD	TBD